



**#WEALLSKATETOGETHER**

Do It for Daron (DIFD) supports education, awareness and research initiatives at The Royal that encourage young people to talk openly about mental illness and to ask for help when needed.

As a fundraiser for the DIFD foundation the 1st Annual DIFD Game was held on Thursday, December 20<sup>th</sup> 2012 between the PWHL Ottawa Senators and Nepean Jr. Wildcats at the Bell Sensplex.

Since then the gameday, which now also includes the U18AA and U15AA Lady Sens and Nepean Wildcats teams, has been held annually at the Bell Sensplex. The Sensplex remains a key sponsor. All proceeds from the event, now celebrating its 11<sup>th</sup> year, go directly to the DIFD Foundation.

Thank you for joining us to watch some great hockey and support the ongoing conversation about youth mental health.

You can read about the DIFD Foundation at [difd.com](http://difd.com) and make a donation using the QR code below.



**Share your DIFD Day @jrladysens  
#WeAllSkateTogether #DIFD**

# ***DIFD Game Day***

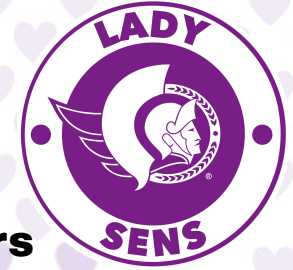
## **Ottawa Lady Senators vs Nepean Jr**

**12:15 pm Sunday 17 December  
BELL SENSPLEX**



**11th Annual U22AA DIFD Game**





## Nepean Jr Wildcats @ Ottawa Jr Lady Senators

#	NAME		YOB	HOMETOWN	Commitment
3	Ellason <b>NANCARROW</b>	D	2007	Nepean	St. Lawrence U
4	Alex <b>THERIEN</b>	D	2007	Ottawa	UNH
9	Isabella <b>DONALDSON</b>	D	2007	Stittsville	
11	Lexie <b>BERTELSEN (A)</b>	F	2007	Belmont	Boston University
12	Maddy <b>PEARS (A)</b>	F	2006	Ottawa	UNB
14	Naomi <b>CHAMBERS</b>	F	2007	Osgoode	
15	Leila <b>RICCIUTI</b>	F	2007	Manotick	UCONN
16	Lily <b>SPENCER</b>	F	2007	Richmond	
17	Kylie <b>HOLLINGSWORTH</b>	F	2008	Ottawa	
19	Annika <b>LAFRENIERE</b>	F	2006	Ottawa	
20	Reagan <b>WHYNOT (A)</b>	D	2006	Russell	Stonehill College
22	Carly <b>OCONNOR</b>	F	2008	Osgoode	
25	Molly <b>DUNN</b>	D	2007	Stittsville	Boston University
31	Zoe <b>CLICHE</b>	G	2007	Ottawa	Univ. of Vermont
33	Ella <b>HOGAN</b>	G	2006	Stittsville	
44	Vanessa <b>SCIAMPACONE</b>	F	2007	Ottawa	
77	Addison <b>ROBILLARD</b>	D	2007	Pembroke	LIU
91	Avery <b>NORMAN (C)</b>	F	2005	Nepean	Mercyhurst U.
95	Marra <b>KLASSEN</b>	D	2006	Manotick	

#	NAME		YOB	HOME TOWN	Commitment
3	Michelle <b>GAO</b>	F	2006	Nepean	Univ. of Guelph
9	Sydney <b>SEMIGA</b>	F	2008	Kanata	
10	Callie <b>MCLEAN</b>	F	2007	Nepean	UCONN
11	Jessica <b>CHEUNG (A)</b>	D	2006	Ottawa	Syracuse U
13	Annabella <b>SACCA</b>	D	2007	Manotick	Stonehill College
16	Lexie <b>HATOUM</b>	F	2008	Ottawa	
18	Grace <b>OUTWATER (A)</b>	F	2006	Ottawa	Penn State U
19	Sophie <b>LEDAIN</b>	D	2006	Kanata	
22	Victoria <b>KAY</b>	F	2006	Gloucester	Carleton U
27	Juliette <b>THIBAULT</b>	D	2008	Rockland	
28	Dominique <b>RIOUX</b>	G	2007	Ottawa	
36	Brooke <b>MULVIHILL</b>	F	2006	Ottawa	St. Lawrence U
47	Keara <b>KILEY</b>	F	2008	Carleton Place	
65	Avery <b>SUPRYKA (A)</b>	D	2006	Ottawa	Boston University
66	Francesca <b>BARRESI</b>	F	2008	Manotick	
77	Kate <b>VIEL</b>	D	2008	Kanata	
88	Alysse <b>WILKINSON</b>	G	2006	Ottawa	Univ. of Guelph
92	Olwen <b>JONES (C)</b>	F	2006	Kanata	Carleton U
98	Jordan <b>MULVIHILL</b>	D	2009	Ottawa	

Head Coach Eliot Spencer

Head Coach Hanna-Riikka Turpeinen